

Organic Soy-based Formula	Standardized Serving Size in Units per	Infant Formula Act & Amendments		Infant Formulas			Cow's Milk	Human Milk	Baby's Only Organic™	Carnation® Follow-Up SOY	Leading Follow-on Powder Formula
		NUTRIENTS	100 kcal	Minimum	Maximum	Carnation Allsoy					
Calories	100 kcal			100	100	100	100	100	100	100	100
Protein	g	1.8	4.5	2.8	2.45	2.5	4.85	1.47	2.8	3.1	3.2
Lipids (fat)	g	3.3 (30% of kcal)	6 (54% of kcal)	4.95	5.46	5.3	5.6	5.7	5.25	4.4	4.4
Carbohydrate	g	NA	NA	11.1	10.3	10.6	6.9	10.6	10.75	12	11.7
Total Fiber	g			NA	NA	NA			0.53	NA	NA
Soluble Fiber	g			NA	NA	NA			0.22	NA	NA
Insoluble Fiber	g			NA	NA	NA			0.31	NA	NA
Water	g	NA	NA	134	133	134	87.99	87.5	140	134	133
Linoleic Acid	mg	300(2.7% of kcal)	None	920	1000	860	115	530	900	860	770
Taurine	mg	None	None	8	7.5	6	NA	11.4	6	6.7	6
VITAMINS											
Vitamin A	IU	250	750	310	300	300	147	328	300	310	294
Vitamin D	IU	40	100	63	60	60	3.5	3.2	60	63	60
Vitamin E	IU	0.7	None	3	3	2	0.13	0.33	2	2.4	2
Vitamin K1	mcg	4	None	8	11	8	0.72	0.3	8.5	8	8
Vitamin B1	mcg	40	None	60	60	80	44	30.8	100	90	80
Vitamin B2	mcg	60	None	94	90	90	257	51.4	100	94	90
Vitamin B6	mcg	35	None	60	60	60	69.09	13.67	60	86	90
Vitamin B12	mcg	0.15	None	0.31	0.45	0.3	0.588	0.147	0.45	0.31	0.29
Niacin	mcg	250	None	1300	1350	1000	118	221	1100	1200	1000
Folic Acid (Folacin)	mcg	4	None	16	15	16	7.4	3.5	15	16	16
Pantothenic Acid	mcg	300	None	470	750	500	515	265	450	470	500
Biotin	mcg	1.5	None	7.8	4.5	3	5.1	0.588	3	7.8	2.9
Vitamin C (Asc Acid)	mg	8	None	16	9	12	2.5	5.9	20	16	12
Choline	mg	7	None	12	8	12	33	13	12	12	12
Inositol	mg	4	None	18	5	6	7	21	5	18	17
MINERALS											
Sodium	mg	20	60	33	44	36	70.6	26.4	50	42	44
Potassium	mg	80	200	116	108	120	230	77	140	118	149
Chloride	mg	55	150	71	62	80	150	61.7	90	79	99
Calcium	mg	60	None	105	105	105	176	41.2	135	135	115
Phosphorus	mg	30	None	61	75	83	135.2	20.6	90	90	90
Ca/P Ratio	mg/mg	1.1	2	1.7	1.4	1.3	1.3	2.33	1.5	1.5	1.3
Magnesium	mg	6	None	11	7.5	11	17.6	5.2	20	13	8
Copper	mcg	60	None	120	75	75	14.7	36.7	210	120	75
Iron	mg	0.15	3	1.8	1.8	1.8	0.7	0.6	1.75	1.8	1.8
Zinc	mg	0.5	None	0.9	0.75	1.2	5.2	1.8	1.0	1.2	1.2
Manganese	mcg	5	None	34	25	25	4	1	200	37	25
Selenium	mcg	NA	NA	2	2.1	2.8	NA	2.9	2.5	2	2.8
Iodine	mcg	5	25	8	15	15	7	16	20	8	15

Note:

*Older Toddlers will consume greater amounts of vitamins and minerals from foods and from multiple daily servings of Baby's Own Organic Toddler Formula.

Breast Milk contains many more ingredients not listed here. This is intended to provide a comparison with other toddler formulas.

Source: Food and Nutrition Board, National Academy of Sciences--National Research Council Recommended Dietary Allowances

Designed for the maintenance of good nutrition of practically all healthy people in the United States and Infant Formula Regulations.

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Updated: 10/15/01